



Partner Dancing. Great fun & exercise... **Dance Like**

Location: North Kirkland Community Center

West Coast Swing

Adults & Teens, Couples & Singles Welcome!
Professional Certified Instructor: **Lynn Gross**

West Coast Swing Level 1

Contemporary, modern swing—the most music friendly & versatile of all partner dances! Solid foundational patterns and techniques make learning this dance a simple, logical & fun experience. Lots of repetition helps boost your learning curve and muscle memory, increasing your fun in classes and on the dance floor. Even if you've taken West Coast Swing classes before, you are guaranteed to learn new and exciting ways to enhance this popular style of swing.

No experience needed! All Ability Levels Welcome!
5 weeks • Resident \$54 / Non-Resident \$65

| | | | |
|-----|-------------|---------------|-------|
| Tue | 7:30–8:30pm | Sept 11–Oct 9 | 37360 |
|-----|-------------|---------------|-------|

West Coast Swing Level 2

Add more fun and boost your swing skills with popular pattern variations and enhanced partnering techniques! Time to review and become more comfortable with level 1 Basics will be included. Patterns and styling in each Level 2 series differ from the last - the more times you participate, the more you learn, and the more comfortable and confident you'll become.

Prerequisite: Level 1, equivalent experience, or instructor permission • 5 weeks • Resident \$54 / Non-Resident \$65

| | | | |
|-----|-------------|---------------|-------|
| Tue | 7:30–8:30pm | Oct 16–Nov 13 | 37361 |
|-----|-------------|---------------|-------|

West Coast Swing Level 3

Add styling and personality to your Swing with progressed pattern variations and playful partnering moves! Time to review level 2 patterns and become more confident and comfortable with leading and following will be included. Patterns and styling in each Level 3 series differ from the last—the more times you participate, the more you learn, and the more your dance skills expand.

Prerequisite: Levels 1 & 2, equivalent experience, or instructor permission • 3 weeks • Res \$33 / Non-Res \$39

| | | | |
|-----|-------------|--------------|-------|
| Tue | 7:30–8:30pm | Nov 20–Dec 4 | 37362 |
|-----|-------------|--------------|-------|

Night Club Two Step

Adults & Teens, Couples & Singles Welcome!
Professional Certified Instructor: **Lynn Gross**

Night Club Two Step Level 1

This is romantic dancing at its finest—a dreamy dance for easy-listening, soft-rock love songs played at parties, night clubs, weddings, on cruise ships, and at many local dances. Learn patterns that stay in a small area for crowded dance floors, patterns that glide across the floor when there's room to move, and how to blend these moves for added versatility. Easy leading, following and turning techniques included. No experience needed!

Location: NKCC • 5 weeks • Resident \$54 / Non-Res \$65

| | | | |
|-----|-------------|---------------|-------|
| Tue | 8:30–9:30pm | Sept 11–Oct 9 | 37363 |
|-----|-------------|---------------|-------|

Night Club Two Step Level 2

Continue to develop your romantic side! Learn simple pattern variations and partnering techniques in this popular dance. Previous participation in a beginning level class, or the equivalent, is required. Each Level 2 series differs from the last - the more times you participate, the more you learn, and the more your dance skills expand! Adults & Teens, Couples & Singles Welcome!

Prerequisite: Level 1, equivalent experience, or instructor permission • 5 weeks • Resident \$54 / Non-Resident \$65

| | | | |
|-----|-------------|---------------|-------|
| Tue | 8:30–9:30pm | Oct 16–Nov 13 | 37364 |
|-----|-------------|---------------|-------|

Night Club Two Step Level 3

Take romantic dancing up another notch. Learn to float across the dance floor like you never thought was possible. Intriguing new patterns, partnering techniques, and styling variations help make it happen. Each Level 3 series of classes includes different material than the last. Adults & Teens, Couples & Singles welcome!

*Pre-requisite: Levels 1 & 2, equivalent experience, or instructor permission • 3 weeks
Resident \$33 / Non-Resident \$39*

| | | | |
|-----|-------------|--------------|-------|
| Tue | 8:30–9:30pm | Nov 20–Dec 4 | 37365 |
|-----|-------------|--------------|-------|

Ballroom Favorites

Adults & Teens, Couples & Singles Welcome!
Professional Certified Instructor: **Lynn Gross**

Ballroom Favorites Level 1

Everyone enjoys learning the basics and simple variations of the ever-popular and always-in-style classics: Romantic Waltz, Smooth Fox Trot, Lively Jitterbug Swing, and a bit of Sensual Tango. You'll be gliding around the floor in the very first lesson. No experience needed! All Ability Levels Welcome!

5 weeks • Resident \$54 / Non-Resident \$65

| | | | |
|-----|-------------|-------------|-------|
| Tue | 7:30–8:30pm | Jan 8–Feb 5 | 37372 |
|-----|-------------|-------------|-------|

Ballroom Favorites Level 2

Gain comfort and confidence with leading and following as you learn new and pleasing pattern variations in Waltz, Fox Trot, Jitterbug Swing and Tango.

*Pre-requisite: Level 1 or equivalent experience, or instructor permission • 5 weeks
Resident \$54 / Non-Resident \$65*

| | | | |
|-----|-------------|---------------|-------|
| Tue | 7:30–8:30pm | Feb 12–Mar 12 | 37373 |
|-----|-------------|---------------|-------|

Ballroom Favorites Level 3

Polish your styling and add some flair to your dancing! Learn exciting patterns like Pivots, Parallels, Sways, Dips & more! Be prepared to hear, "Wow, that was FUN" from your dance partners!

*Pre-requisite: Levels 1 & 2 or equivalent experience or instructor permission • 3 weeks
Resident \$33 / Non-Resident \$39*

| | | | |
|-----|-------------|--------------|-------|
| Tue | 7:30–8:30pm | Mar 19–Apr 2 | 37374 |
|-----|-------------|--------------|-------|

ADULT DANCE WITH LYNN GROSS:

**"Fun, energetic, clear
instructions that are easy to
follow! Lynn is the best!"**

— Kaylee

no partner required to join in!

the Stars!

Location: Peter Kirk Community Center

Salsa

Adults & Teens, Couples & Singles Welcome!
Professional Certified Instructor: **Lynn Gross**

Salsa Level 1

EZ Latin! This popular Latin dance will boost your energy level. Learn to connect to the Latin beat while you practice easy leading and following techniques and fun —but simple—patterns! Plus an introduction to Latin hip action to add style. Energetic fun for crisp winter evenings! No experience needed! All Ability Levels Welcome!

5 weeks • Resident \$54 / Non-Resident \$65

| | | | |
|-----|-------------|-------------|-------|
| Tue | 8:30–9:30pm | Jan 8–Feb 5 | 37369 |
|-----|-------------|-------------|-------|

Salsa Level 2

Help Salsa moves become more comfortable and automatic! Learn new patterns and styling variations and further develop your Latin hip action. A brief review of Level 1 patterns in the first class of this series will help boost your muscle memory. Even if you've taken a Level 2 Salsa series before, you're guaranteed to learn some new moves and techniques in this class.

Prerequisite: Level 1, or equivalent experience, or instructor permission

5 weeks • Resident \$54 / Non-Resident \$65

| | | | |
|-----|-------------|---------------|-------|
| Tue | 8:30–9:30pm | Feb 12–Mar 12 | 37370 |
|-----|-------------|---------------|-------|

Salsa Level 3

Make your Salsa sizzle with Double Turns, Spins & footwork variations! You'll be surprised how simple it is when you learn the right techniques... and how excited you'll feel about your dancing! Adults & Teens, Couples & Singles welcome!

Prerequisite: Levels 1 & 2 or equivalent class experience

3 weeks • Resident \$33 / Non-Resident \$39

| | | | |
|-----|-------------|--------------|-------|
| Tue | 8:30–9:30pm | Mar 19–Apr 2 | 37371 |
|-----|-------------|--------------|-------|

Hustle & Night Club Two Step

Adults & Teens, Couples & Singles Welcome!
Instructor: **Vicki Gabrielle**

Hustle Variation

This dance from the Disco era has been reinvented and is now danced to a lot of top 40 music as well as the old Disco favorites. Learn the this fun and energetic dance. No partner or experience required.

4 classes • No class 10/1, 11/12, 1/21, 2/11 & 2/18
Resident \$43 / Non-Resident \$52

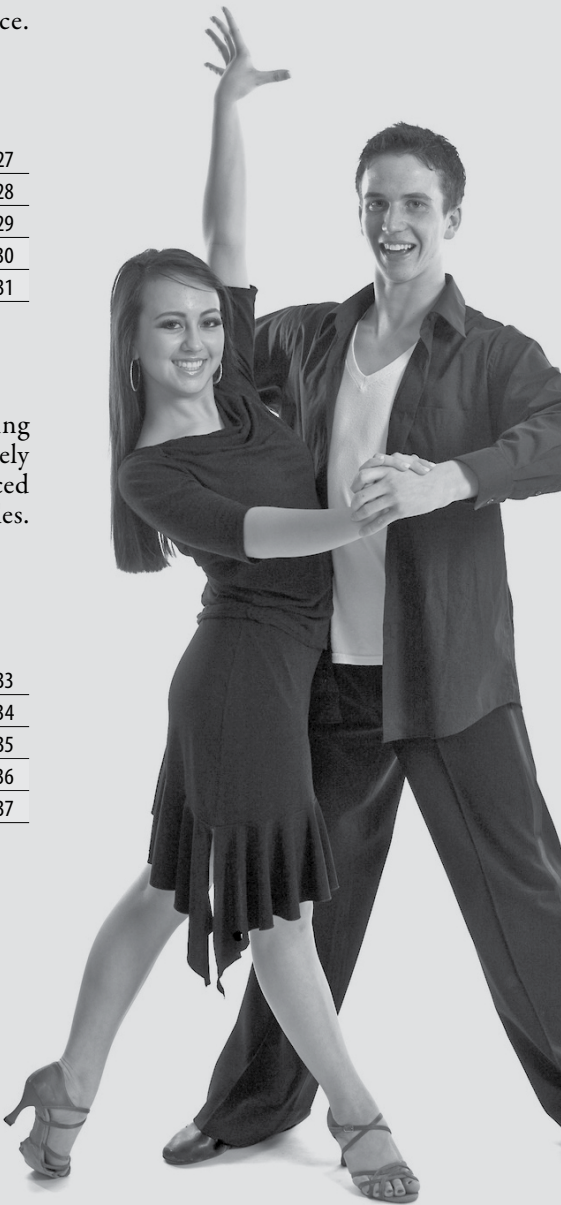
| | | | |
|-----|-------------|----------------|-------|
| Mon | 6:45–7:45pm | Sept 17–Oct 15 | 36727 |
| Mon | 6:45–7:45pm | Oct 22–Nov 19 | 36728 |
| Mon | 6:45–7:45pm | Nov 26–Dec 17 | 36729 |
| Mon | 6:45–7:45pm | Jan 7–Feb 4 | 36730 |
| Mon | 6:45–7:45pm | Feb 25–Mar 18 | 36731 |

Night Club Two-Step Variation

This is a great alternative when dancing to your favorite slow music. It's extremely popular all across America and is danced to a very wide range of slow music styles. No partner or experience required!

Location: PKCC • Instructor: Vicki Gabrielle
4 classes • No class 10/1, 11/12, 1/21, 2/11 & 2/18
Resident \$43 / Non-Resident \$52

| | | | |
|-----|-------|----------------|-------|
| Mon | 8–9pm | Sept 17–Oct 15 | 36733 |
| Mon | 8–9pm | Oct 22–Nov 19 | 36734 |
| Mon | 8–9pm | Nov 26–Dec 17 | 36735 |
| Mon | 8–9pm | Jan 7–Feb 4 | 36736 |
| Mon | 8–9pm | Feb 25–Mar 18 | 36737 |



Adult Dance CLASS LOCATIONS VARY

Hula Dance

Hula is for everyone, it's a great way to stay in shape and have fun while dancing. Hula works the entire body and also engages the mind. It is a unique blend of balance, motion, and mental concentration. Hula will lift your spirits and give you an energy boost.

Beginning Hula for Adults

This class will concentrate on the basic foot and hand motions as you experience the Hawaiian culture and Spirit of Aloha. Both ancient (Hula Kahiko) and modern (Hula 'auana) will be taught. This is the perfect class to see what Hula is all about and to meet new friends at the same time.

Wear comfortable clothing (shorts or pants and T-shirts) — NO JEANS PLEASE! • Instructor: Jeanne Makanaokalani Porter • Location: NKCC

Fall 9 weeks • Resident \$90 / Non-Resident \$108

| | | | |
|-----|-------------|----------------|-------|
| Wed | 6:30–7:15pm | Sept 19–Nov 14 | 37343 |
|-----|-------------|----------------|-------|

Winter 10 weeks • Resident \$100 / Non-Resident \$120

| | | | |
|-----|-------------|---------------|-------|
| Wed | 6:30–7:15pm | Jan 16–Mar 20 | 37344 |
|-----|-------------|---------------|-------|

Intermediate Hula

For those with hula experience and an understanding of the basic steps. This class will be a bit faster paced and will include an introduction to the hula implements such as 'uli'uli, 'ili'ili, pu'ili. Both Kahiko and 'auana will be taught along with a focus on general technique. There will be some Hawaiian language taught as it pertains to hula, along with lyrics and the background of every dance learned. There will be optional public performances.

Wear a pa'u skirt if you have one, otherwise comfortable clothing – NO JEANS PLEASE! • Instructor: Jeanne Makanaokalani Porter • Location: NKCC

Fall 9 weeks • Resident \$90 / Non-Resident \$108

| | | | |
|-----|-------------|----------------|-------|
| Wed | 7:15–8:15pm | Sept 19–Nov 14 | 37345 |
|-----|-------------|----------------|-------|

Winter 10 weeks • Resident \$100 / Non-Resident \$120

| | | | |
|-----|-------------|---------------|-------|
| Wed | 7:15–8:15pm | Jan 16–Mar 20 | 37346 |
|-----|-------------|---------------|-------|



Advanced Hula

Advanced Hula is for the hula dancer with a more extensive hula background. The hula basics are always reviewed to improve steps, descriptive hand motions, and facial expressions. We will continue on to more difficult, involved hulas, both Kahiko (ancient) and 'auana (modern) hulas and a continuing focus on technique and performance skills. Come learn Hula in a relaxed setting, yet be willing to work out, sweat, and have fun! There will be public performances.

Wear a pa'u skirt – NO JEANS PLEASE! • Instructor: Jeanne Makanaokalani Porter • Location: NKCC

Fall 9 weeks • Resident \$90 / Non-Resident \$108

| | | | |
|-----|-------------|----------------|-------|
| Wed | 8:15–9:15pm | Sept 19–Nov 14 | 37347 |
|-----|-------------|----------------|-------|

Winter 10 weeks • Resident \$100 / Non-Resident \$120

| | | | |
|-----|-------------|---------------|-------|
| Wed | 8:15–9:15pm | Jan 16–Mar 20 | 37348 |
|-----|-------------|---------------|-------|

Kupuna Hula NEW!

Ages 55 +

A fun introduction to hula that is a mind/body experience; it makes the brain work, improves flexibility and gives us a good all-over feeling. We will start with the basics learning a lovely ballad hula, then continue with dances that tell of the life of the Hawaiian people past and present. The mature hula dancer is the most esteemed of all!

*Please wear light, comfortable clothing
Instructor: Jeanne Makanaokalani Porter • Location: PKCC*

Fall 9 weeks • Resident \$90 / Non-Resident \$108

| | | | |
|------|--------|----------------|-------|
| Thur | 12–1pm | Sept 20–Nov 15 | 37349 |
|------|--------|----------------|-------|

Winter 10 weeks • Resident \$100 / Non-Resident \$120

| | | | |
|------|--------|---------------|-------|
| Thur | 12–1pm | Jan 17–Mar 21 | 37350 |
|------|--------|---------------|-------|

Line Dance

Line Dancing

Line Dancing is a great way to exercise your body and mind while meeting new friends and listening to some great music. This class includes basic line dancing for the beginner along with more challenging dances for the more advanced dancer. A new dance is taught at every class as well as reviewing previously taught dances. All abilities welcome! Join Joe in this fun and friendly class. No partner needed. This class will not be pro-rated.

*Location: PKCC • Instructor: Joe Mraz • 6 classes
No class 9/25, 11/20, 12/25, & 1/1*

Resident \$30 / Non-Resident \$36

Drop-In Rate Resident \$7 / Non Resident \$8

| | | | |
|-----|---------|---------------|-------|
| Tue | 10–11am | Sept 4–Oct 16 | 36697 |
| Tue | 10–11am | Oct 23–Dec 4 | 36698 |
| Tue | 10–11am | Dec 11–Jan 29 | 36699 |
| Tue | 10–11am | Feb 5–Mar 12 | 36700 |

Bollywood/Bhangra

Bollywood/Bhangra Dance: Adult NEW!

Learn basic to intermediate bollywood steps with modern and folk (bhangra) beats while we spin the latest songs from bollywood movies. Bhangra is a folk dance that celebrates the warm harvest festival in Punjab, the northern state of India and Pakistan. Experience the vibrant bollywood music and foot-stompin moves. In just four weeks, you will be able to dance to a choreography using the upper body with hand gestures, coordinating with energetic lower body – leg/foot work.

Instructor Shub Chintan-Gill • Location: NKCC

Fall 7 weeks • No class 11/22

Resident \$79 / Non-Resident \$95

| | | | |
|------|-------------|----------------|-------|
| Thur | 6:45–7:45pm | Sept 13–Oct 25 | 37356 |
| Thur | 6:45–7:45pm | Nov 1–Dec 20 | 37357 |

Winter 8 weeks • Resident \$90 / Non-Resident \$108

| | | | |
|------|-------------|---------------|-------|
| Thur | 6:45–7:45pm | Jan 10–Feb 28 | 37358 |
|------|-------------|---------------|-------|

THRILLER
SEE PAGE 35

Ballet

Instructor: Marco Carrabba, Ballet master/Choreographer-Carrabba Dance Theatre has a 20 year distinguished professional dance career and over 16 years experience teaching and choreographing ballets for students of all levels, as well as an extensive theater background. Dance companies include PNB, San Francisco, Boston, Stuttgart and Hamburg Ballet.

Ballet Basics

Have you always wanted to take a ballet class but something got in the way? Now that you have the time, do you feel like you're too old and it's too late! Here's the good news, it's never too late to learn ballet! No reason to be intimidated! This adult basic ballet class offers something for everyone from young adult to seniors and provides a fun way to tone and tighten your body while learning the fundamental techniques in a positive and supportive environment. Ballet develops balance, coordination, strength, stamina, self-confidence and body-centered awareness. This class is for those with little or no dance training but who want to embrace one of the most beautiful and graceful of all dance styles.

Location: PKCC • 7 classes • No class 10/1, 11/12, 11/19, 12/24, 12/31 & 2/18 • Resident \$77 / Non-Resident \$92

| | | | |
|-----|-------------|----------------|-------|
| Mon | 6:15-7:15pm | Sept 10-Oct 29 | 36689 |
| Mon | 6:15-7:15pm | Nov 5-Jan 14 | 36690 |
| Mon | 6:15-7:15pm | Jan 28-Mar 18 | 36691 |

Ballet: Open Level

Take your training to the next level. This class is for those who have had some ballet training and is a good additional class for a Basic or Intermediate level class. Emphasis is on improving technical strength and more movement. Students are encouraged to work at their own ability.

Location: PKCC • 7 classes • No class 11/21
Resident \$77 / Non-Resident \$92

| | | | |
|-----|-------------|----------------|-------|
| Wed | 6:15-7:15pm | Sept 12-Oct 24 | 36693 |
| Wed | 6:15-7:15pm | Oct 31-Dec 19 | 36694 |
| Wed | 6:15-7:15pm | Jan 9-Feb 20 | 36695 |
| Wed | 6:15-7:15pm | Feb 27-Apr 10 | 36696 |

Belly Dance

Belly Dance Basics

Ages 18 to adult

Learn the dance of femininity and grace, Egyptian Cabaret Belly Dance. Come tone up, lose a couple of inches, and make new friends. The class is low impact, FUN, and provides health benefits for women of all ages.

Please bring bottled water and a long scarf to tie around the hips • Instructor: Josette Minaglia 'Athena'
• Location: NKCC

Fall 8 weeks • Resident \$80 / Non-Resident \$96

| | | | |
|-----|-------------|---------------|-------|
| Tue | 7:15-8:15pm | Sept 18-Nov 6 | 37352 |
|-----|-------------|---------------|-------|

Winter 5 weeks • Resident \$50 / Non-Resident \$60

| | | | |
|-----|-------------|---------------|-------|
| Tue | 7:15-8:15pm | Jan 15-Feb 12 | 37354 |
| Tue | 7:15-8:15pm | Feb 26-Mar 26 | 37355 |



Belly Dance Advanced

Ages 18 to adult

This class will be a continuation of perfecting the basics and adding these steps to choreography. New steps will be introduced along with floor work and finger cymbals. Please bring water and a long scarf to tie around the hips.

Please bring bottled water and a long scarf to tie around the hips • Instructor: Josette Minaglia 'Athena'
• Location: NKCC

Fall 8 weeks • Resident \$80 / Non-Resident \$96

| | | | |
|-----|-------------|---------------|-------|
| Tue | 8:15-9:15pm | Sept 18-Nov 6 | 37496 |
|-----|-------------|---------------|-------|

Winter 5 weeks • Resident \$50 / Non-Resident \$60

| | | | |
|-----|-------------|---------------|-------|
| Tue | 8:15-9:15pm | Jan 15-Feb 12 | 37497 |
| Tue | 8:15-9:15pm | Feb 26-Mar 26 | 37498 |

**GOT AN
EVENT?
WE'VE GOT
SPACE.**

**Wedding? Party?
Family Reunion?
Meeting Space?**

The Peter Kirk Community Center and North Kirkland Community Center can meet these needs and more. Both centers feature hardwood floors, full kitchens and usage of tables and chairs.

For more information and availability please give us a call!

Peter Kirk Comm. Center

(located at Peter Kirk Park)

425.587.3360

North Kirkland Comm. Cntr

(located at North Kirkland Park)

425.587.3350

